## MHPN WEBINARS

WEBINAR PANEL

## Do you have what it takes to engage with Indigenous people?

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Dr Louis Peachey
Rural General Practitioner,
Queensland

Dr Louis Peachey is a Girimay man from the Djiribaligan language group (Rainforest

People) of North Queensland.

He is a Senior Medical Officer at the Atherton District Hospital where he works as a Rural Generalist.

Dr Peachey was the founding President of the Australian Indigenous Doctors Association, and has been directly involved in Health Advocacy for Indigenous Australians for more than a quarter of a century having served on numerous Federal and State health committees and reference groups throughout his career.



**Dr Mary Emeleus**Psychiatry Registrar,
Queensland

Mary works as a psychiatry registrar in Far North Queensland having commenced

psychiatry training in 2017.

Mary previously spent 18 years working as a GP with a mental health special interest,

including nine years at headspace sites working in Youth Mental Health, and also as a psychotherapist with both young people and adults.

Currently, Mary's training and the prospect of exams is taking up most of her professional energy but in the past she has contributed to medical education at all levels including teaching advanced mental health skills to experienced GPs. Mary has been involved in MHPN activities for about ten years at both local and national levels and is particularly passionate about interdisciplinary collaboration and supporting rural and remote practitioners from all backgrounds who work in mental health and counselling related areas.

Professional interests include trauma-informed psychotherapies, lifestyle medicine, adolescent mental health, early psychosis intervention, psychological and social approaches to psychosis, and GP mental health care provision.

Memberships include Australian Society for Psychological Medicine www.aspm.org.au, The International Society for Psychological and Social approaches to Psychosis (ISPS) www.isps.org.au, The International Society for the Study of Trauma and Dissociation (ISSTD) http://www.isst-d.org/

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**Dr Jeff Nelson** Psychologist, Queensland

Jeff Nelson is a clinical psychologist working in the North Queensland region in private practice; in boarding

schools that cater specifically for Indigenous students; and with men in the correctional services system.

Jeff is an Aboriginal man from Cairns and works predominantly with Aboriginal and Torres Strait Islander clients. His focus on working with this cohort has allowed the development, in his opinion, of a range of effective strategies targeting emotional regulation and positive decision making in environments that are sometimes stubbornly resistant to change. A majority of his work in schools involves using assessment to inform systems and family-based intervention with intention to provide Aboriginal and Torres Strait Islander children and young people equitable access to opportunity and to enjoy positive life outcomes.

> **Facilitator: Professor Steve Trumble** General Practitioner, Vic

Professor Steve Trumble is a general practitioner and head of

Medical Education at Melbourne Medical School.

He has held a variety of roles in GP education, including directing the RACGP training program and editing Australian Family Physician.

After working in metropolitan and rural general practice and establishing a service for people with developmental disabilities at Monash Medical Centre, his current clinical work is limited to GP locums in remote areas of the Northern Territory.



